HIGHLANDS SPORTS CENTRE

KIDS WEEKLY SCHEDULE
5–6 YEARS

MONDAY	WRESTLING 4.00 – 4 :40 PM JIU-JITSU 4:40 – 5 :20 PM
TUESDAY	WRESTLING 4.00 – 4 :40 PM JIU-JITSU 4:40 – 5 :20 PM
WEDNESDAY	JIU-JITSU 4:40 – 5 :20 PM
THURSDAY	WRESTLING 4.00 – 4 :40 PM JIU-JITSU 4:40 – 5 :20 PM
FRIDAY	WRESTLING 4.00 – 4 :40 PM JIU-JITSU 4:40 – 5 :20 PM
SATURDAY	ATHLETIC FOUNDATION 9:30 – 10:10 AM